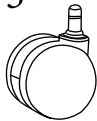
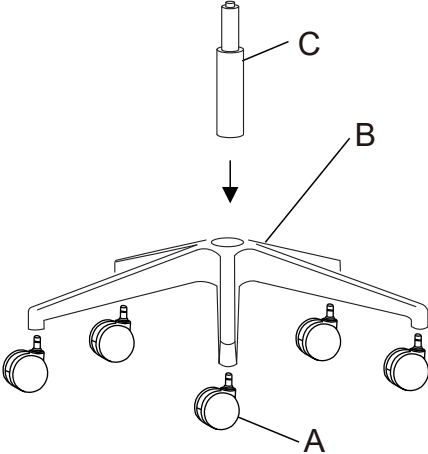
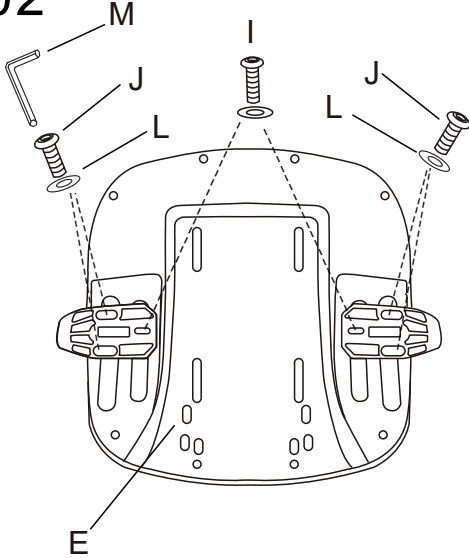
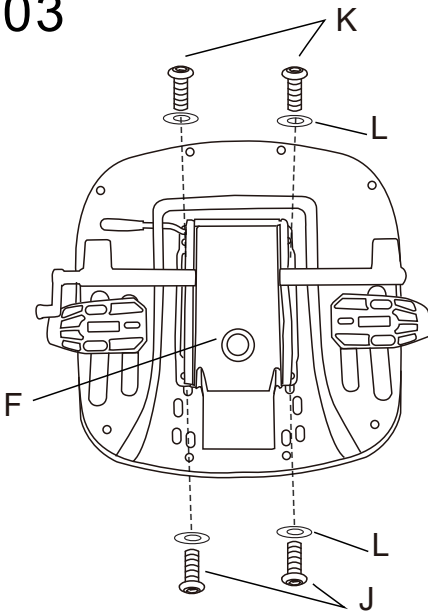
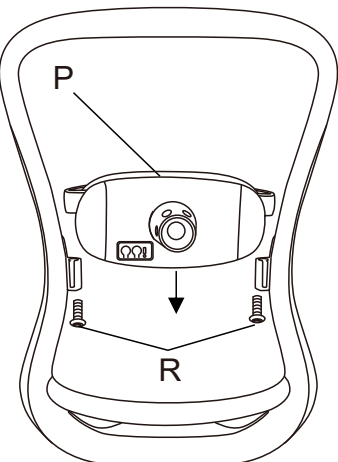
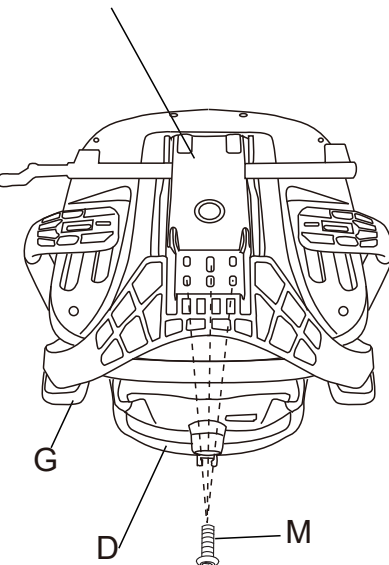
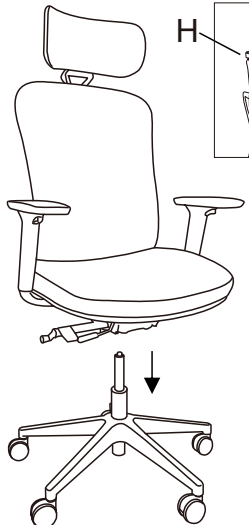
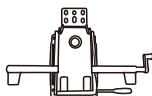
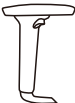
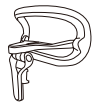
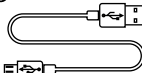
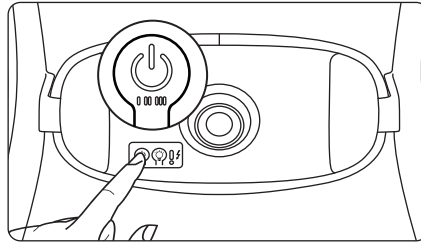
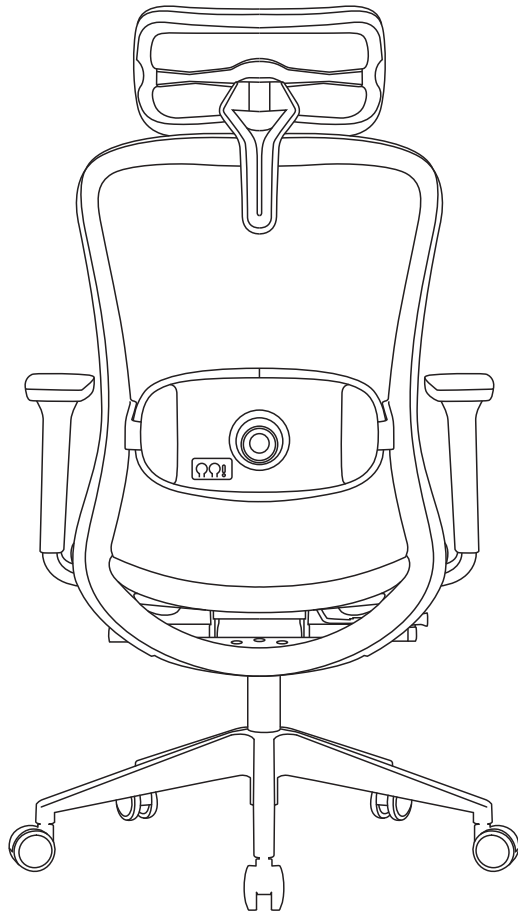


Assembly Instruction

A x 5 	B x 1 	01 		02 		03 
C x 1 	D x 1 	04 		05 		06 
E x 1 	F x 1 	07 				
G x 2 	H x 1 					
I x 2  (6 x 50)MM	J x 6  (6 x 40)MM					
K x 2  (6 x 35)MM	L x 10 					
M x 3  (8 x 40)MM	N x 1  (6)MM					
O x 1  USB charging cable	P x 1 					
R x 2  (6 x 14)MM						

2D Lumbar Massager User Manual

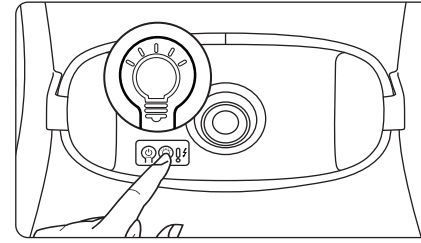


1. Power & Speed Adjustment Button

Power On/Off: Long press for 3 seconds to activate /deactivate the massage function.

Speed Adjustment: While in operation, briefly press the button to cycle through three speed levels.

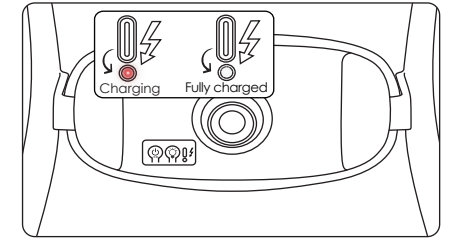
Note: The massager automatically reverses rotation direction when switching to the next speed level.



2. LED Light Button

Briefly press to toggle the decorative LED light on/off during operation.

Note: The light serves decorative purposes only.



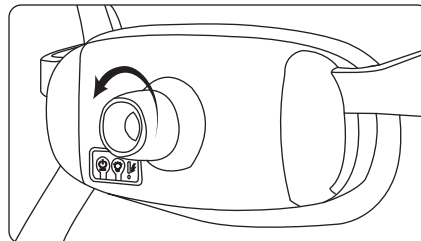
3. Charging Instructions

Battery: Built-in 2000mAh rechargeable battery. Use a 5V/2A Type-C charger.

Caution: iPhone charging cables are incompatible.

Charging Duration: 4.5 hours for full charge.

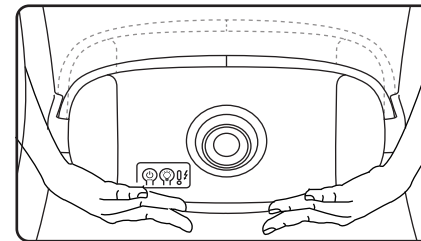
Charging Light Status: Red Light means under charging, White light means fully charged.



4. Lumbar Depth Adjustment Knob

Rotate the knob left/right to adjust the massage depth.

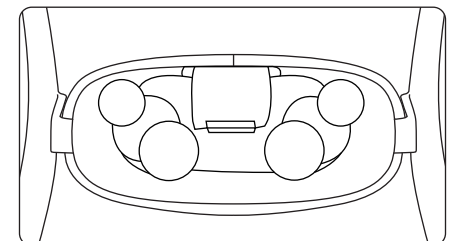
Pro Tip: Adjust depth during operation to customize massage intensity.



5. Height Adjustment

To Raise: Simultaneously lift upward with both hands (ensure balanced force) until reaching the optimal position aligned with your lumbar curve.

To Reset: Allow the massager to slide down to the lowest position by pressing after lifting to the maximum height.



6. Massage Session Time:

Usage Cycle: Each massage session lasts 15 minutes. To restart, press the power button again as per step 1.